

Tattoo Aftercare Guide

Proper aftercare is essential to ensure your tattoo heals beautifully and retains its vibrant colors. Since I use SecondSkin film during the process, aftercare is somewhat simpler, but it is important to follow these steps:

SecondSkin is a modern, breathable, waterproof film that promotes faster and safer healing. By wearing the film for 3 days and following the instructions above, you help ensure that your tattoo remains beautiful and long-lasting.

1. Immediately After Getting Tattooed

Applying SecondSkin: After completing the tattoo, I apply the SecondSkin film to the tattooed area under sterile conditions. This film protects the fresh tattoo from bacteria and external contaminants while allowing the skin to breathe.

(You will find a more detailed explanation and instructions at the end of the document!)

2. Wearing the Film

- **Wearing Time:** Keep the SecondSkin film on the tattoo for 3 days without removing it
- **Note:** The film is waterproof and breathable, so you can shower with it, but avoid soaking the tattooed area.

3. Removing the Film

- **Timing:** After 3 days, carefully remove the SecondSkin film.
- **Film Removal:** Gently peel off the film under warm water, parallel to your body, to avoid skin irritation.

4. Cleaning

- **Thorough Washing:** Wash the tattooed area with lukewarm water and fragrance-free antibacterial soap. You can buy this at the pharmacy, or I can provide it.
- **Gentle Touch:** Gently remove any plasma and ink residues using circular motions.
- **Drying:** Gently pat the moisture away with a clean, soft towel or paper towel. Do not rub!

What is plasma?

Plasma is a clear or slightly yellowish fluid, a component of blood. After tattooing, a small amount of plasma may seep from the tattooed area as part of the skin's natural healing process. This is completely normal, and removing the plasma helps prevent scabbing and scarring!

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5. Aftercare After Removing the Film

- **Moisturizing:** Apply a thin layer of fragrance-free, natural moisturizing cream (e.g., cream specifically recommended for tattoos).
- **Frequency:** Apply the cream 2-3 times a day to prevent the skin from drying out.
- **Avoid Over-Moisturizing:** A thick layer of cream can prevent the skin from breathing and slow down the healing process

6. General Precautions

- **Do Not Scratch or Pick:** Even if the tattoo itches, avoid scratching to prevent damaging the design.
- **Avoid Direct Sunlight:** During the healing process, do not expose the tattoo to direct sunlight. Later, always use a high SPF sunscreen.
- **Do Not Soak the Tattoo:** Avoid bathtubs, swimming pools, saunas, and natural waters for at least 2-3 weeks.
- **Avoid Exercise:** Refrain from intense physical activity for 5 days to prevent irritation and sweating.
- **Wear Clean Clothing:** Wear clothes that do not rub against the tattoo and are clean.
- **Pay Attention to Signs:** If you notice any abnormalities (severe redness, swelling, discharge), contact me or a doctor.

7. Long-Term Care

- **Moisturizing:** Even after healing, it's worth moisturizing the tattoo occasionally to maintain skin health.
- **Sun Protection:** Always use sunscreen on the tattoo to preserve the vibrancy of the colors..

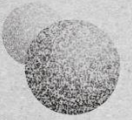
Questions and Consultation

If you have any questions during the healing process, or if you are unsure about anything, do not hesitate to contact me by phone or email! If you feel it's urgent, you can call me at any time of the day. It is important to me that your tattoo heals as best as possible and that you are satisfied with the result.

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Common occurrences during the use of SecondSkin that you don't need to worry about



Using SecondSkin makes tattoo healing easier, but some phenomena may seem alarming at first, but they are completely normal. Here are a few things you may experience while wearing the film:

1. Fluid Accumulation Under the Film

- **Why does it happen?**
 - A tattoo is an open wound, and the body's natural response is to produce plasma and a small amount of blood to promote healing.
- **What does it look like?**
 - Yellowish, pinkish, or even darker fluid may accumulate under the film, making the tattoo look blurry or hazy.
- **Should you worry?**
 - No, this is completely normal. Fluid accumulation is part of the healing process.

2. Formation of Bubbles Under the Film

- **Why does it happen?**
 - Small bubbles may form under the film due to plasma and air buildup.
- **Should you worry?**
 - No, this is also normal. However, do not try to pop or squeeze these bubbles.

3. Peeling of the Film's Edges

- **Why does it happen?**
 - Movement or friction from clothing may cause the edges of the film to peel..
- **Should you worry?**
 - If the edges of the film peel slightly but still protect the tattoo, there is no problem. However, if the film peels off significantly or dirt gets underneath, it is advisable to remove it and continue aftercare as described above..

4. Itching or Mild Irritation

- **Why does it happen?**
 - As part of the healing process, the skin may itch or feel tight under the film.
- **Should you worry?**
 - Mild itching is normal, but if you experience severe irritation or an allergic reaction (redness, swelling, severe pain), remove the film and consult with me or a doctor.

5. The Tattoo Appears Darker or Blurry

- **Why does it happen?**
 - The color and sharpness of the tattoo may change temporarily due to fluid buildup and the reflective properties of the film.
- **Should you worry?**
 - No, after removing the film, the tattoo will heal and look as it should.

Important Notes:

- *Do not try to open or drain the fluid from under the film. This can increase the risk of infection and reduce the effectiveness of the film.*
- *If the film is damaged or too much fluid accumulates underneath, and you feel it is causing problems, feel free to remove the film as described above and continue aftercare using the method without the film.*
- *Keep an eye on the tattoo, and if you notice any concerning symptoms (severe pain, swelling, discharge, fever), contact me immediately or see a doctor.*

These phenomena are common and usually not cause for concern. The most important thing is to follow the aftercare guide, and feel free to contact me with any questions or uncertainties.

Thank you for your trust!

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